

Seventh Annual
South Florida Challenge

March 5-7, 2010

Sanctioned by: USFS



incredible ICE

3299 Sportsplex Dr.

Coral Springs, Florida 33065

(954)341-9956



Seventh Annual South Florida Challenge

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**** COMPETITION INFORMATION ****

RULES/CONDUCT/ELIGIBILITY (USFSA events)

The South Florida Challenge is open to all qualified eligible skaters who are members in good standing of the USFS and their Home Club. Each skater may compete in as many events as qualified by their test level as of February 15, or one level higher. For all age requirements, the age required is the age of the individual as of February 15. Unless otherwise noted, age requirements are as follows: Juvenile 12 and under, Open Juvenile 13 to 24, Intermediate 17 and under, Open Intermediate 18 to 24, all Adult events 25 and over. All efforts will be made to split competitors by age. Skaters entering any USFS event **cannot** enter any Special event. The competition will be conducted in accordance with the rules set forth in the current edition of the USFSA Rulebook.

RULES/CONDUCT/ELIGIBILITY (Special events)

The South Florida Challenge is offering Special Free Skate events. The purpose of these events is to promote a fun introduction to the competitive sport of figure skating. Skaters must be a member of either USFS Basic Skills or the ISI. Skaters, who have passed any USFSA tests beyond Basic Skills, are **not** eligible to compete in the Special Free Skates. Skaters, who have passed any ISI tests beyond Freestyle 4, are **not** eligible to compete in the Special Free Skates. Judging will be based on carriage, speed, flow, and sureness of edge, stroking technique, jump and spin technique, and music expression. Special Free Skate competitors will be allowed to enter the Special Showcase event. Skaters entering any Special event **cannot** enter any USFS event.

ENTRIES

The entry fee is \$100.00 for the first IJS USFS event and \$60.00 for each additional IJS event. Fees must accompany the completed application. (Singles and Pairs Free Skate and Short Programs-Juvenile thru Senior Levels)

\$85.00 for the first Non-IJS event entered and \$45.00 for each additional Non-IJS event. (No test Free Skate, Compulsory Moves, Jumps, Spins, Solo Dance, Partner Dance, Adults and Test Track.)

Make checks payable to the Panthers FSC. Mail checks and applications to:

South Florida Challenge, c/o Nancy Mariani, 3299 Sportsplex Dr. Coral Springs, FL 33065.

Entries must be postmarked no later than midnight February, 15, 2010. Late entries may be accepted at the discretion of the Competition Committee and will require a late fee of \$25.00. Once entries have closed, entry fees are only refundable if the competition is not held. The Panthers FSC reserves the right to divide or combine any event(s). An alternate schedule will be posted on the web sites: www.incredibleice.com and www.floridaskating.com, as soon as possible after the close of the entries.

Please review your choice of events closely. Any change of event, as a result of **your mistake**, will result in a \$25.00 processing fee for each event changed. **Please fill your forms out correctly and check with your instructor.** There will be a \$35.00 charge for any returned checks.

Planned Program Content Form

If you are registering for an IJS event, you are required to complete the Planned Program Element form online at <http://www.usfigureskating.org> by February 26, 2010. This form can be found in the Members Only section of the US figure skating website.

CRITIQUES

Individual critiques will be offered if time permits, for the short and Free Skate programs of Juvenile through senior skaters. Critiques will be open only to skaters and their coaches. Upon arrival, please sign-up for critiques at the registration desk at least one hour prior to your event.

All events and practices will be held at ***incredible ICE***, 3299 Sportsplex Dr., Coral Springs, Fl. 33065, (954)341-9956. ***incredible ICE*** is a state-of-the-art, Ice Skating and Entertainment Facility, featuring three official NHL size rinks. ***incredible ICE*** is the proud home of the NHL Florida Panthers. ***incredible ICE*** is a complete facility with an Off-ice Training Center, Breakaway Bar & Grill and ***incredible SPORTS*** Pro shop for all your skating needs.

MUSIC

Only CD will be accepted. **No Cassette tapes.** The medium must be clearly labeled with the skater's name and event on the side that is to be played. All CDs must be prepared by the skater and contain only the skater's program. Commercial CDs with multiple programs will not be accepted. Every reasonable care will be taken, but the Panthers FSC will not be responsible for damaged, lost or broken CD's. Each competitor is responsible for delivery of their music to the Registration Desk at the time of registration and for pickup from the Registration Desk at the conclusion of each event. Once the music is registered, it will not be returned until after the event has been skated.

An extra copy of the competitor's music should be readily available at all times.

AWARDS

Medals will be awarded for first through fourth placements in each scheduled South Florida Challenge event category. Special Free Skate events will be awarded medals for first through fourth placements and ribbons for all others.

REGISTRATION

A Registration Desk will be at ***incredible ICE*** during the scheduled practice times and events. Skaters are required to check the official bulletin board located at the rink for official practice times and the scheduled events. Posting of such notices or changes shall be considered sufficient notice to competitors. Skaters and coaches should arrive at least 1 hour before their scheduled competition time.

PRACTICE ICE

A practice ice schedule will be determined upon the close of entries. A practice ice form and schedule will be mailed to all competitors who include a self-addressed, stamped envelope. All forms and schedules will be posted at www.incredibleice.com and www.floridaskating.com as soon as they're available.

VIDEO

Individual videotaping will be permitted in designated areas ONLY. Professional video taping of each event will be available. Except for the official video producer, **only battery-operated cameras will be permitted with NO tripods. NO FLASH PHOTOGRAPHY, PLEASE!**

Hotels

Marriott Resort, (Official Hotel) 1175 Heron Bay Blvd. Coral Springs, Fl. (954)753-5598

Crowne Plaza @ Sawgrass, Sunrise fl. (954)851-1020

La Quinta Inn, 3100 University Dr. Coral Springs, Fl. (954)344-2200

Courttyard by Marriott, Coral Springs, Fl. (954)227-1300

LaQuinta Inn 3701 University Dr. Coral Springs, Fl. (954)753-9000

INQUIRIES

If you have questions, please contact Nancy Mariani, our Competition Chairperson, at marianin@incredibleice.com or tstark7635@aol.com

For practice ice questions, please contact our front office at ***incredible ICE***.



****COMPETITION EVENTS ****

COMPULSORY MOVES (Singles)

Category	Requirements	Time max.
No Test/Beginner	Salchow, Waltz Jump/Toe-loop, 1-foot upright spin, any forward spiral, clockwise ½ circle forward crossovers	1:00
Pre-Preliminary	Salchow, Loop, Any single/single jump combination (NO Axel), Front scratch spin, Forward spiral any edge	1:00
Preliminary	Loop, Lutz, Any single/single jump combination (Axel Permitted), Sit Spin (3), 1-foot back spin (3), Inside forward Spiral (left or right)	1:30
Pre-Juvenile	Flip, Db salchow or dl toe-loop, Jump combination with a loop (any single jump) Axel Permitted, Camel spin (3), Sit/Back sit spin, Circular footwork,	1:30
*Juvenile	Axel, Double salchow, Any Double/Single combo, Combo spin with only 1 change of foot (4 each), Girls Layback 4 rotations, Boys camel 4 rotations, Straight-line footwork. FULL ICE	1:45
*Open Juvenile	Same as Juvenile	1:45
Adult Pre-Bronze	Waltz jump, Half flip, Lunge or Spiral, 2-foot upright spin (3)	1:00
Adult Bronze	Salchow, Waltz/Toe-loop combo, 1-foot upright spin (4), Forward spiral (any edge)	1:30
Adult Silver	Flip, Loop, Single/Single combo (axel permitted), Sit spin (4), Straight line sequence	1:30
Adult Gold	Lutz, Axel, Combination jump (single/single or single double), Camel spin (4), Straight-line or circular sequence	1:30

Qualifications for Compulsory Moves are the same as stated in the Free Skate Section. Compulsory Moves will be skated without music and without stopping between elements. Elements may be performed in any order but performed only once. Only listed elements may be performed; additional elements or repetition of failed elements will be penalized. Spin revolutions indicated are minimums. No turn or change of foot allowed in jump combinations. An axel is considered a single jump. Unless indicated, connecting steps may be incorporated but will not be judged.

All Compulsory moves will be skated on half ice. *Juvenile & Open Juvenile on full ice.

SPINS ONLY (Singles)

Category	Requirements	Time (max)
Pre-Preliminary	Front scratch spin (3), Back Scratch Spin (3); Sit Spin (3)	1:00
Preliminary	Camel Spin (3); Front to Back Scratch Spin (3 per foot); Sit Spin (3)	1:00
Pre-Juvenile	Camel Spin (4), Spin Combination, no change of foot (total 6); Scratch/ Back Scratch Spin exit on spinning foot (4 per foot)	1:15
Juvenile	Sit Spin (4); Ladies-Layback or Attitude (4), Men-Camel Spin (4); Spin Combination with only 1 change of foot and at least 1 change of position (4 rev. each foot)	1:15
Open Juvenile	Same as Juvenile	
Intermediate	Sit Spin/Change foot Sit Spin (4 each foot); Flying Camel (5), Spin Combination with only 1 change of foot and at least 1 change of position. (5 each foot)	1:30
Open Intermediate	Same as Intermediate	1:30
Novice	Camel, Sit, or Layback Spin (6); Any flying spin (6); Spin Combination with only 1 change of foot and at least 1 change of position (5 each foot)	1:40
Junior	Flying Sit or Flying Change (reverse) Sit Spin (6); Layback or Crossfoot Spin (6); Spin Combination with only 1 change of foot and at least 2 changes of position (sit, camel, upright or any variation thereof (5 each foot)	1:40
Senior	Three different spins: (solos, 6), 1 must be Flying Spin, 1 must be a Spin Combination with only 1 change of foot and at least 2 changes of position (10 total revolutions)	1:40

SPINS ONLY (Singles)

Category	Requirements	Time (max)
Adult Pre-Bronze	2 foot upright spin (3), 1 foot upright spin (optional free foot) (3), Pivot of choice	1:00
Adult Bronze	1 foot upright spin (4); 1 foot Back spin entry optional (3); Sit Spin (3)	1:00
Adult Silver	Camel Spin (3); Layback, Attitude or Sit Spin (4); Combination Spin w/ 1 change of position 1 change of foot optional (3 each position)	1:15
Adult Gold	3 Spins: 2 different Solo spins (4), 1 Combination Spin w/1 change of foot, and at least 1 change of position (4 each foot)	1:30

Qualifications for Spins are the same as stated in the Free Skate Section. Spin revolutions indicated are minimums. Spins must be skated exactly as stated but may be skated in any order without music. Connecting steps may be used but will not affect the scoring. All spins will be performed on 1/2 ice. **All spins will be performed on 1/2 ice.**

JUMPS ONLY (Singles)

Category	Requirements	Time (max)
Pre-Preliminary	Salchow , flip, Any single/single combo (No axels)	1:00
Preliminary	Axel, Lutz, Flip /Loop	1:00
Pre-Juvenile	Axel, Lutz/ Loop, Double Salchow or Double toe-loop	1:15
Juvenile	Axel, Any double (No Double Axel), Double/single	1:30
Open Juvenile	Same as Juvenile	1:30
Intermediate	Single Axel, Double Loop, an Double/Double combo	1:30
Open Intermediate	Same as Intermediate	1:30
Novice	Double Loop, Double Flip, any Double/Double combo	1:30
Junior	Double Lutz, Double Axel, any Double/Double or Triple/Double combo	1:30
Senior	Double Axel, Any Triple, Double/double or Triple/Double	1:30
Adult Pre-Bronze	Waltz Jump, Waltz/Toe-Loop combo, Half Flip	1:00
Adult Bronze	Salchow, Toe Loop, Combination (single/single) (no axel)	1:00
Adult Silver	Flip, Loop, Combination (single/single) (axel permitted)	1:15
Adult Gold	Lutz, Axel, Combo single/single (axel permitted) or double/single	1:30

Qualifications for Jumps are the same as stated in the Free Skate Section. **Pre-Preliminary through juvenile, open juvenile and all adult levels will skate on half ice.** Jumps may be performed in any order. Combination jumps must be performed with no turn or change of foot between jumps. The jump combination may consist of the same jump or another jump (single, double, and triple as prescribed). However, the jumps included must be different from the solo jumps unless otherwise stated. Skaters will be given only **one** opportunity to perform each jump.

SHORT TECHNICAL PROGRAM (Singles)

Category	Requirements	Time (max)
Open Juvenile (13 & over)	Same elements as JUVENILE	1:40
Juvenile <small>age 12 & under</small>	Axel jump, one double jump (no axel), one jump combination (2 single jumps or one double & one single), one solo spin, (min. of 4 revolutions), Combination Spin with only one change of foot (change of position optional) (min. of 4 revolutions each foot), one step sequence (straight line or circular)	1:40
*Intermediate IJS	3671 Men 3671 Ladies	2:00
*Novice IJS	3661 Men 3662 Ladies	2:30
*Junior IJS	3651 Men Group C 3652 Ladies Group C	2:50
*Senior IJS	3641 Men 3642 Ladies	2:50
Qualifications for the Short Programs are the same as stated in the Free Skate Section. *Will be judged by the IJS scoring system.		

Well Balanced Free Skating Programs (Singles)

Category	Qualifications	Time +/- 10sec
No Test /Beginner	No USFSA tests passed	1:30
	3721	
Pre-Preliminary	Pre-Preliminary FS	1:30
	3711	
Preliminary	Preliminary FS	1:30
	3701	
Pre-Juvenile	Pre-Juvenile FS	2:00
	3691	
*Juvenile IJS	Juvenile FS	2:15
	3681	
*Open Juvenile IJS	Juvenile FS	2:15
	3681	
*Intermediate IJS	Intermediate FS	2:30
	3672	
* Novice IJS	Novice FS	3:00 L 3:30 M
	3663	
*Junior IJS	Junior FS	3:30 L 4:00 M
	3653	
*Senior IJS	Senior FS	4:00 L 4:30 M
	3643	
Adult Pre-Bronze	Adult Pre-Bronze FS, Std Pre-Preliminary FS or 1S1 FS3 (No axels, No lutz or double jumps)	1:40 (max)
	3805	
Adult Bronze	Adult Bronze FS, Std Preliminary FS or 1S1 FS4	1:50 (max)
	3800	
Adult Silver	Adult Silver FS, Std Juvenile FS or ISI FS5	2:10 (max)
	3790	
Adult Gold	Adult Gold FS. Std Juvenile FS or 1ST FS6	2:40 (max)
	3780	

***Will be judged by the IJS scoring system.**

PAIRS SHORT TECHNICAL PROGRAM

Category	Qualifications	Requirements	Time (max)
*Novice IJS	Novice Pair	4061 Group B	2:50
*Junior IJS	Junior Pair	4051 Group B	2:50
*Senior IJS	Senior Pair	4041 Group B	2:50

***Will be judged by the IJS scoring system.**

PAIRS FREE SKATING PROGRAM

Category	Qualifications		Time +/- 10 sec
Pre-Juvenile	Preliminary Pair (under 14 years of age)	4091	2:00
*Juvenile IJS	Juvenile Pair (under 16 years of age)	4081	2:30
*Intermediate IJS	Intermediate Pair (under 18 yrs of age)	4071	3:00
*Novice IJS	Novice Pair	4062	3:30
*Junior IJS	Junior Pair	4052	4:00
*Senior IJS	Senior Pair	4042	4:30
	<u>*Will be judged by the IJS scoring system.</u>		

SOLO DANCE EVENTS

Category	Qualifications	Dances
Pre-Bronze	No more than 2 Bronze Dances	Fiesta Tango, Rhythm Blues
Bronze	No more than 2 Pre-Silver Dances	Cha-Cha, Willow Waltz
Pre-Silver	No more than 2 Silver Dances	Fourteen step, Foxtrot
Silver	No more than 2 Pre-Gold Dances	Rocker Foxtrot, American Waltz
Pre-Gold	No more than 2 Gold Dances	Blues, Kilian
Gold	May have passed Gold Dances	Paso Doble, Quickstep

This event is for Solo Dancers only. The combined score of both dances will determine places. Dancers may skate up as high as they wish, but may not skate below their current test level. Male and female dancers will be combined in the same level.

The number of patterns to be skated for each dance will be 2 PATTERNS



COMPULSORY DANCE EVENTS

Category	Qualifications	Dances
Pre-Juvenile	Both passed Preliminary MIF or higher, 2 Preliminary Dances but no higher than Pre-Bronze Dance (13 & under) 4442 Group B	Cha- Cha, Swing Dance
Juvenile	Both passed Juvenile MIF or higher, Preliminary Dance or higher and Juvenile Free Dance. 1 or both can have passed Intermediate Free Dance but no higher, provided neither has competed at Intermediate Dance in qualifying competition. 1 who has passed must compete with different partner than one tested with. <i>(15 & under)</i> 4432 Group B	Fiesta Tango, 10 Fox
Intermediate	Both passed Intermediate MIF or higher, the Bronze Dance or higher, and the Intermediate Free Dance. 1 or both can have passed Novice Free but no higher, provided neither has competed at Novice Dance in qualifying competition. 1 who has passed must compete with different partner than one tested with 4442 Group B	14-Step, European Waltz
Novice	Both passed Novice MIF or higher, at least 1 Silver Dance and Novice Free Dance. 1 or both can have passed Junior Free but no higher, provided neither has competed at Junior Dance in qualifying competition. 1 who has passed must compete with different partner than one tested with. 4412 Group A	Blues, Paso Doble
Junior	Both passed Junior MIF or higher, at least 2 Pre-Gold dances, and the Junior Free Dance. One or both can have passed Senior Free provided neither has competed at Senior Dance in qualifying competition. 1 who has passed must compete with different partner than one tested with. 4402 Group B	Quickstep, Blues
Senior	Both passed Senior MIF, the Gold Dance and the Senior Free Dance 4302 Group B	Ravensberger Waltz, Finnstep
These events are for Couple Dance only . Numbers of patterns are as set by the current USFSA Rulebook. 4230 There will be no final round		

ORIGINAL DANCE EVENTS

Category	Rhythm	Time +/- 10 sec
Junior	Rhythms and Dances of the 50's ,60's, or 70's 4404 B	2:30
Senior	Rhythms and Dances of the 50's ,60's, or 70's 4311 B	2:30
Requirements are per 4260 and 4311, 4404 in the current USFSA Rulebook. Qualifications are the same as the Compulsory Dances		

FREE DANCE EVENTS

Category	Time +/- 10sec	Qualifications
Juvenile Free	2:15	All requirements are listed in the 4435 and 4425 section of the current USFSA Rulebook.
Intermediate Free	2:30	
Novice Free	3:00	All requirements are listed in the 4415, 4407, and 4322 section respectively, of the current USFSA Rulebook.
Junior Free	3:30	
Senior Free	4:00	

SPECIAL FREE SKATE

Category	Qualifications	Requirements	Time
Free Skate A	May not have passed or be qualified to pass higher than USFS Snowplow Sam or ISI Tot levels	Forward marching, 2-foot dip, Backward wiggle, marching turn, Two foot hop	1:10
Free Skate B	May not have passed or be qualified to pass higher than USFS BS2 or ISI Pre-Alpha	Forward swizzles, Forward one foot glides (both feet), Moving snowplow stop, Backward swizzles. One extra element from ISI FS1	1:10
Free Skate C	May not have passed or be qualified to pass higher than USFS BS3 or ISI Alpha	Forward stroking, forward crossovers (both directions), 1 foot snowplow stop, Two foot spin One extra element from ISI FS1	1:10
Free Skate D	May not have passed or be qualified to pass higher than USFS BS4 or ISI Beta	Backward stroking, Backward crossovers (both directions), Backward one foot glide, T-stop Two extra elements from ISI FS1	1:10
Free Skate E	May not have passed or be qualified to pass higher than USFSA BS52 or ISI Gamma	Outside three turns (both directions), 7 step mohawk combo ISI (either direction), Side toe hop, Backward outside edge on a circle (either direction) Two extra elements from ISI FS1	1:10
Free Skate F	May not have passed or be qualified to pass higher than USFS BS6 or ISI Delta	Inside 3 turns (both directions), Forward outside edges, Bunny hop, Lunge. Two extra elements from ISI FS1	1:10
Free Skate G	May not have passed or be qualified to pass higher than USFSA BS FS2 or ISI FS1	½ flip, Waltz jump, Two foot spin, Forward spiral, Pivot, Backward edges (outside & inside 2 of each minimum)	1:40
Free Skate H	May not have passed or be qualified to pass higher than USFSA BS FS3 or ISI FS2	Program limited to ½ revolution jumps salchow/toe loop and 1 foot upright spin	1:40

Only the required elements will be judged in Free Skate 1-3. Skating order of the required elements is optional. Minimum number of connecting steps allowed. Elements are not restricted as to number of times elements are executed, length of glides or number of turns in spins unless otherwise stated. Program to be skated on full ice surface with music. Vocal or instrumental music is allowed. May use elements from a previous level, but not a higher level than event entered. Deductions will be made if elements from a higher level are skated. Events will be split by appropriate age & level.



SHOWCASE EVENTS

Category	Qualifications	Time (max)
Special	USFSA Basic Skills or 1S1 FS I — FS4	1:30
No Test/Beginner	No USFSA Free Skating test passed	1:30
Pre-Preliminary	Pre-Preliminary FS	1:40
Preliminary	Preliminary FS	1:40
Pre-Juvenile	Pre-Juvenile FS	2:00
Juvenile/Open Juvenile	Juvenile FS	2:10
Intermediate /		
Open Intermediate	Intermediate FS	2:30
Novice/Junior/Senior	At least the Novice FS	2:30
Open Adult	Adult Pre-Bronze FS	2:00
<p>Ladies, men, mixed pairs, and like pairs can enter the showcase events. Competitors will be judged on technical merit, costume (its suitability to the music), music interpretation, choreography (suitability of the program sequence and elements to the music), and audience appeal (overall compositions, appearance and style). Live props are not permitted. Props may not be flame or smoke oriented or any other substance that will alter the ice surface.</p>		



Competitive Test Track

Skaters may enter **EITHER** the Competitive Test Track or the “Well Balanced Free Skate” but **NOT** both. Competitors will skate to the music of their choice. Deductions **WILL** be made for the skaters including technical elements not permitted in the event description. All times are +/-10 seconds.

Category	Elements Required	Qualifications	Time
<u>Beginner A</u> Skills up to and including Free Skate 2	Solo spins in an upright position (min. 3 revolutions), jumps with not more than one-half rotation (front to back or back to front). No combination jumps or jumps sequences. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed the test higher than USFS Basic Skills Free Skating Badge Test.	Up to 1:30 +/-10
<u>Beginner B</u> Skill up to and including Fee Skate 3	Solo spins in an upright position (min. 3 revolutions), jumps with not more than one-half rotation (front to back or back to front), single rotation jumps: Salchow and Toe Loop only. No combinations jumps or jump sequences. Connection steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than USFS Basic Skills Free Skating Badge Tests.	1:30 +/-10
<u>Pre Preliminary</u> Skills up to and including Free Skate 6	At least two solo spins of a different nature (min. 3 revolutions and no flying spins), all single solo jumps allowed, (No axels), jump combinations or sequences using only a waltz jump, toe loop and salchow. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than USFS Pre Preliminary Free Skating Test.	1:30 +/-10
<u>Preliminary</u>	At lest two spins of a different nature, combination spins allowed (min. 3 revolutions each and no flying spins), jumps with not more than one rotation (No axels). Jump combinations and sequences allowed. Maximum 5 jumping elements. Connection moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the USFS Pre Preliminary Free Skate Test but may not have passed tests higher than the Preliminary Free Skate Test.	1:30 +/-10
<u>Pre Juvenile</u>	Three spins in any position (min 4 revolutions), one must be a combination spin with change of foot optional (min 3 revolutions on each foot or 6 total revolutions and no flying spins). Jumps with not more than one rotation (No Axels). Jump combinations and sequences are allowed. Maximum 5 jumping elements. One step sequence straight line, circular or serpentine fully utilizing ice surface.	Skaters must have passed at least the USFS Preliminary Free Skate Test but may not have passed tests higher than Pre Juvenile Free Skate Test.	2:00 +/-10
<u>Juvenile</u>	Three spins in any position (min 4 revolutions), one must be a combination spin with one change of foot (min. 4 revolutions on each foot.) May include flying spins. Any single jumps and jump combinations with not more than 1 ½ rotations. (Axel permitted). Maximum 6 jumping elements. One step sequence straight line, circular or serpentine fully utilizing ice surface.	Skaters must have passed at least the USFS Pre Juvenile Free Skate Test but may not have passed tests higher than Juvenile.	2:15 +/-10
<u>Intermediate</u>	Three spins in any position (min 4 revolutions), one must be a combination spin with at least one change of foot (min 4 revolutions on each foot). May include a flying spins. Any single jump. Double jumps may only be the Double Salchow and the Double Toe Loop. Jump combination and Three spins in any position (min 4 revolutions), one must be a combination spin with at least one change of foot (min 4 revolutions on each foot).	Skaters must have passed at least the USFS Juvenile Free Skate Test but may not have passed tests higher than Intermediate Free Skating.	2:30 +/-10

<u>Novice</u>	Three spins in any position (min 6 revolutions) one must be a combination spin with at least one change of foot (min 5 revolutions on each foot). May include flying spins. Any single jumps, Double Jumps may only be Double Salchow, Double Toe Loop and Double Loop. Jump combinations and sequences allowed. Maximum 7 jumping elements. One step or spiral sequences (See Rule 3640 for description).	Skaters must have passed at least the USFS Intermediate Free Skate Test but may not have passed tests higher than Novice Free Skate Test.	Time: Ladies 3:00 +/-10 Men 3:30 +/-10
<u>Junior</u>	Three spins-one must be a flying spin, a solo spin (6 revolutions each) one must be a combination spin consisting of all three [positions and one change of foot (minimum 2 in each position and minimum 5 revolutions on each foot). Any single jumps, Double Toe Loop, Double Loop and Double Flip. Jump combinations and sequences allowed. Maximum 8 jumping elements for men and 7 for ladies. Men: Two different step sequences Ladies: One step sequence and one spiral sequence. (See Rule 3640 for description)	Skaters must have passed at least the USFS Novice Free Skate but may not have passed tests higher than Junior Free Skate Test.	Time: Ladies 3:30 +/-10 Men 4:00 4:30 +/-10
<u>Senior</u>	Three spins (6 revolutions on all solo spins), one must be a flying spin, one solo spin, one spin combination consisting of all three positions and one change of foot (minium 2 in each position and minium 5 revolutions on each foot.) At least four different double jumps, one must be a Double Lutz, Jump Combinations and Sequences allowed. Maximum 8 jumping elements for men and 7 for ladies. Men: Two different step sequences Ladies: One step sequence and one spiral sequence. (See Rule 3640 for description)	Skaters must have passed at least the USFS Junior Free Skating Test.	Time:Ladies 4:00 +/-10 Men 4:30 +/-10



Seventh Annual South Florida Challenge
March 5 -7, 2010
Advertising Rates

The Panther Figure Skating Club is proud to host the Seventh Annual South Florida Challenge on March 5 -7, 2010. This competition is held at *incredible ICE* in Coral Springs, Florida and is one of the largest non-qualifying competitions in the State. We expect over 250 competitors, their families, coaches, officials numerous vendors from all over the state and many more.

Plan now to honor your skater and your coach with personal ads in the **2010 South Florida Challenge Program**. This is an inexpensive way to acknowledge your appreciation to those who have worked so hard for this event. The program format is 5 ½” x 8 ½ “, or booklet size. We ask that advertisers submit camera ready. **The deadline is February 12, 2010.** Ads received after this date will be included to the best of our ability if time and layout permit.

Your support of the 2010 program is greatly appreciated. Programs will be available during the two days of competition which is open to the public. Thank you for your participation.



Back Outside Cover	\$100.00
Inside Front Cover	\$ 75.00
Back Inside Cover	\$ 75.00
Full Page	\$50.00
Half Page	\$35.00
Quarter Page	\$25.00
Business Card	\$20.00
Personal Ad	\$20.00
(wish your skater luck)(Business Card)	

Advertiser Name or Company: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Your Name If Different: _____

Make checks payable to the Panthers Figure Skating Club

Mail this form, along with your personal ad or other artwork, with your payment to:

incredible ICE: Attention Nancy Mariani 3299 Sportsplex Dr. Coral Springs, Fl. 33065



South Florida Challenge—
** COMPETITION APPLICATION **



Name: Last: _____	First: _____	MI: _____
Address: _____		City: _____
State: _____	Zip: _____	Email: _____
Age: _____	Birthday: _____	Sex: (M/F) Phone: _____
USFSA# _____	Home Club _____	
Highest Tests Passed: Free _____	Moves _____	Dance _____ Pairs _____
ISI# _____	Home Rink/Club _____	
Highest Tests Passed: _____		
Coaches Name: _____		Phone: _____

MARK ALL EVENTS TO BE ENTERED (X)

Compulsory Moves		Short Technical		Pairs Short		Original Dance	
No Test/Beginner	<input type="checkbox"/>	Open Juvenile	<input type="checkbox"/>	Novice IJS	<input type="checkbox"/>	Junior	<input type="checkbox"/>
Pre-Preliminary	<input type="checkbox"/>	Juvenile	<input type="checkbox"/>	Junior IJS	<input type="checkbox"/>	Senior	<input type="checkbox"/>
Preliminary	<input type="checkbox"/>	Intermediate IJS	<input type="checkbox"/>	Senior IJS	<input type="checkbox"/>	Partner:	
Pre-Juvenile	<input type="checkbox"/>	Novice IJS	<input type="checkbox"/>	Partner:			
Juvenile	<input type="checkbox"/>	Junior IJS	<input type="checkbox"/>			Free Dance	
Open Juvenile	<input type="checkbox"/>	Senior IJS	<input type="checkbox"/>	Pairs Free		Juvenile	<input type="checkbox"/>
Adult Pre-Bronze	<input type="checkbox"/>					Intermediate	<input type="checkbox"/>
Adult Bronze	<input type="checkbox"/>			Pre-Juvenile	<input type="checkbox"/>	Novice	<input type="checkbox"/>
Adult Silver	<input type="checkbox"/>	Well Balanced Free Skate		Juvenile IJS	<input type="checkbox"/>	Junior	<input type="checkbox"/>
Adult Gold	<input type="checkbox"/>	No Test/Beginner	<input type="checkbox"/>	Intermediate IJS	<input type="checkbox"/>	Senior	<input type="checkbox"/>
		Pre-Preliminary	<input type="checkbox"/>	Novice IJS	<input type="checkbox"/>	Partner:	
Spins		Preliminary	<input type="checkbox"/>	Junior IJS	<input type="checkbox"/>		
Pre-Preliminary	<input type="checkbox"/>	Pre-Juvenile	<input type="checkbox"/>	Senior IJS	<input type="checkbox"/>	Special Free Skate	
Preliminary	<input type="checkbox"/>	Open Juvenile IJS	<input type="checkbox"/>			Free Skate A	<input type="checkbox"/>
Pre-Juvenile	<input type="checkbox"/>	Juvenile IJS	<input type="checkbox"/>			Free Skate B	<input type="checkbox"/>
Juvenile	<input type="checkbox"/>	Intermediate IJS	<input type="checkbox"/>	Solo Dance	<input type="checkbox"/>	Free Skate C	<input type="checkbox"/>
Open Juvenile	<input type="checkbox"/>	Novice IJS	<input type="checkbox"/>	Pre-Bronze	<input type="checkbox"/>	Free Skate D	<input type="checkbox"/>
Intermediate	<input type="checkbox"/>	Junior IJS	<input type="checkbox"/>	Bronze	<input type="checkbox"/>	Free Skate E	<input type="checkbox"/>
Open Intermediate	<input type="checkbox"/>	Senior IJS	<input type="checkbox"/>	Pre-Silver	<input type="checkbox"/>	Free Skate F	<input type="checkbox"/>
Novice	<input type="checkbox"/>	Adult Pre-Bronze	<input type="checkbox"/>	Silver	<input type="checkbox"/>	Free Skate G	<input type="checkbox"/>
Junior	<input type="checkbox"/>	Adult Bronze	<input type="checkbox"/>	Pre-Gold	<input type="checkbox"/>	Free Skate H	
Senior	<input type="checkbox"/>	Adult Silver	<input type="checkbox"/>	Gold	<input type="checkbox"/>		
Adult Pre-Bronze	<input type="checkbox"/>	Adult Gold	<input type="checkbox"/>				
Adult Bronze	<input type="checkbox"/>			Compulsory Dance			
Adult Silver	<input type="checkbox"/>			Pre-Juvenile	<input type="checkbox"/>		
Adult Gold	<input type="checkbox"/>			Juvenile	<input type="checkbox"/>		
		Competitive Test Track		Intermediate	<input type="checkbox"/>		
Jumps		Beginner A	<input type="checkbox"/>	Novice	<input type="checkbox"/>	Show Case	
Pre-Preliminary	<input type="checkbox"/>	Beginner B	<input type="checkbox"/>	Junior	<input type="checkbox"/>	Special	<input type="checkbox"/>
Preliminary	<input type="checkbox"/>	Pre Preliminary	<input type="checkbox"/>	Senior	<input type="checkbox"/>	No Test/Beginner	<input type="checkbox"/>
Pre-Juvenile	<input type="checkbox"/>	Preliminary	<input type="checkbox"/>	Partner:	<input type="checkbox"/>	Pre-Preliminary	<input type="checkbox"/>
Juvenile	<input type="checkbox"/>	Pre Juvenile	<input type="checkbox"/>			Preliminary	<input type="checkbox"/>
Open Juvenile	<input type="checkbox"/>	Juvenile	<input type="checkbox"/>			Pre-Juvenile	<input type="checkbox"/>
Intermediate	<input type="checkbox"/>	Intermediate	<input type="checkbox"/>			Juvenile/Open Juvenile	<input type="checkbox"/>
Open Intermediate	<input type="checkbox"/>	Novice	<input type="checkbox"/>			Intermediate/Open Inter	<input type="checkbox"/>
Novice	<input type="checkbox"/>	Junior	<input type="checkbox"/>			Novice/Junior/Senior	<input type="checkbox"/>
Junior	<input type="checkbox"/>	Senior	<input type="checkbox"/>				<input type="checkbox"/>
Senior	<input type="checkbox"/>						<input type="checkbox"/>
Adult Pre-Bronze	<input type="checkbox"/>						<input type="checkbox"/>
Adult Bronze	<input type="checkbox"/>						<input type="checkbox"/>
Adult Silver	<input type="checkbox"/>					Adult	<input type="checkbox"/>
Adult Gold	<input type="checkbox"/>					Partner: (if applicable)	

Each partner in pairs or couples must fill out a separate application form & then staple them together.

Make checks payable to Panthers Figure Skating Club. Mail checks and applications to:

South Florida Challenge, c/o Nancy Mariani, 3299 Sportsplex Dr., Coral Springs, FL., 33065

For Committee Use Only

Date:	Check#	Due:	Paid:	Owed:	Refund:
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South Florida Challenge
March 5 -7, 2010
Authorization for Emergency Medical Treatment

In the event I am unavailable, I hereby give permission for any emergency medical diagnosis, treatment or procedure for: _____

(Print Skater's Name)

Emergency medical information (allergies, preexisting conditions, medications, etc.):

Name of Physician _____ Phone _____

Name of Insurance Co. _____

Policy Number _____ Group Number _____

Name of Insured _____

Signature **(REQUIRED)** _____ Date _____

Relationship to Skater _____ Phone _____

Certification by Athlete and Parent/Guardian

ATHLETE: I agree to conduct myself both on and off the ice, in a manner that will reflect favorably upon this Competition and upon the sport of figure skating, and that is consistent with the high standards of the sport I agree to respect the person and property of others.

ATHLETE PARENT/GUARDIAN ICR 33.061: The USFSA and the club or organizers undertake no responsibility for damages or injuries suffered by skaters or officials. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person or property resulting from, caused by or connected with, the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, the USFSA, the club holding the competition, and against its Officers, and their entries shall be accepted only on such condition.

Athlete's Signature **(REQUIRED)** _____ Date _____

Parent/Guardian's Signature _____ Date _____

(Required if athlete is under 18 yrs old)

Certification of Competitor by Home Club Official

I hereby approve the entry of the skater named on this application and certify that he/she is eligible to compete in accordance with the rules of the USFSA, and that the entrant is a member in good standing of the Home Club.

Signed **(REQUIRED)** _____

Title _____ Date _____

Home Club Name _____ Phone _____

